

ENTRANCE ANTIPHON

*You are just, O Lord, and your judgement is right;
treat your servant in accord with your merciful love.*

COLLECT

O God, by whom we are redeemed and receive adoption, look graciously upon your beloved sons and daughters, that those who believe in Christ may receive true freedom and an everlasting inheritance. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Amen.

FIRST READING Isaiah 35:4-7

A reading from the prophet Isaiah.

Say to all faint hearts,
“Courage! Do not be afraid.

“Look, your God is coming,
vengeance is coming,
the retribution of God;
he is coming to save you.”

Then the eyes of the blind shall be opened,
the ears of the deaf unsealed,
then the lame shall leap like a deer
and the tongues of the dumb sing for joy;

for water gushes in the desert,
streams in the wasteland,
the scorched earth becomes a lake,
the parched land springs of water.

The word of the Lord.

Thanks be to God.

PSALM Psalm 145

RESPONSE: My soul, give praise to the Lord.

Or **Alleluia!**

1. It is the Lord who keeps faith for ever,
who is just to those who are oppressed.
It is he who gives bread to the hungry,
the Lord, who sets prisoners free. **R.**
2. It is the Lord who gives sight to the blind,
who raises up those who are bowed down,
the Lord, who loves the just,
the Lord, who protects the stranger. **R.**
3. The Lord upholds the widow and orphan,
but thwarts the path of the wicked.
The Lord will reign for ever,
Zion’s God, from age to age. **R.**

SECOND READING James 2:1-5

A reading from the letter of St James.

My brothers, do not try to combine faith in Jesus Christ, our glorified Lord, with the making of distinctions between classes of people. Now suppose a man comes into your synagogue, beautifully dressed and with a gold ring on, and at the same time a poor man comes in, in shabby clothes, and you take notice of the well-dressed man, and say, “Come this way to the best seats”; then you tell the poor man, “Stand over there” or “You can

sit on the floor by my foot-rest.” Can’t you see that you have used two different standards in your mind, and turned yourselves into judges, and corrupt judges at that?

Listen, my dear brothers: it was those who are poor according to the world that God chose, to be rich in faith and to be the heirs to the kingdom which he promised to those who love him.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

**Speak, Lord, your servant is listening:
you have the message of eternal life.**

Alleluia!

Or

Alleluia, alleluia!

**Jesus proclaimed the Good News of the kingdom,
and cured all kinds of sickness among the people.**

Alleluia!

GOSPEL Mark 7:31-37

A reading from the holy Gospel according to Mark.

Returning from the district of Tyre, Jesus went by way of Sidon towards the Sea of Galilee, right through the Decapolis region. And they brought him a deaf man who had an impediment in his speech; and they asked him to lay his hand on him. He took him aside in private, away from the crowd, put his fingers into the man’s ears and touched his tongue with spittle. Then looking up to heaven he sighed; and he said to him, “Ephphatha”, that is, “Be opened.” And his ears were opened, and the ligament of his tongue was loosened and he spoke clearly. And Jesus ordered them to tell no one about it, but the more he insisted, the more widely they published it. Their admiration was unbounded. “He has done all things well,” they said, “he makes the deaf hear and the dumb speak.”

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

O God, who give us the gift of true prayer and of peace, graciously grant that, through this offering, we may do fitting homage to your divine majesty and, by partaking of the sacred mystery, we may be faithfully united in mind and heart. Through Christ our Lord.

Amen.

COMMUNION ANTIPHON

**Like the deer that yearns for running streams,
so my soul is yearning for you, my God;
my soul is thirsting for God, the living God.**

Or

**I am the light of the world, says the Lord;
whoever follows me will not walk in darkness,
but will have the light of life.**

PRAYER AFTER COMMUNION

Grant that your faithful, O Lord, whom you nourish and endow with life through the food of your Word and heavenly Sacrament, may so benefit from your beloved Son’s great gifts that we may merit an eternal share in his life. Who lives and reigns for ever and ever.

Amen.

ENTRANCE ANTIPHON

*Give peace, O Lord, to those who wait for you,
that your prophets be found true.
Hear the prayers of your servant,
and of your people Israel.*

COLLECT

Look upon us, O God,
Creator and ruler of all things,
and, that we may feel the working of your mercy,
grant that we may serve you with all our heart.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.
Amen.

FIRST READING Isaiah 50:5-9

A reading from the prophet Isaiah.
The Lord has opened my ear.
For my part, I made no resistance,
neither did I turn away.
I offered my back to those who struck me,
my cheeks to those who tore at my beard;
I did not cover my face
against insult and spittle.
The Lord comes to my help,
so that I am untouched by the insults.
So, too, I set my face like flint;
I know I shall not be shamed.
My vindicator is here at hand. Does anyone start proceedings
against me?
Then let us go to court together.
Who thinks he has a case against me?
Let him approach me.
The Lord is coming to my help,
who dare condemn me?
The word of the Lord.
Thanks be to God.

PSALM Psalm 114

RESPONSE: *I will walk in the presence of the Lord,
in the land of the living.*

Or *Alleluia!*

1. I love the Lord for he has heard
the cry of my appeal;
for he turned his ear to me
in the day when I called him. **R.**
2. They surrounded me, the snares of death,
with the anguish of the tomb;
they caught me, sorrow and distress.
I called on the Lord's name.
O Lord my God, deliver me! **R.**
3. How gracious is the Lord, and just;
our God has compassion.
The Lord protects the simple hearts;
I was helpless so he saved me. **R.**
4. He has kept my soul from death,
my eyes from tears
and my feet from stumbling.
I will walk in the presence of the Lord
in the land of the living. **R.**

SECOND READING James 2:14-18

A reading from the letter of St James.
Take the case, my brothers, of someone who has never done a
single good act but claims that he has faith. Will that faith save
him? If one of the brothers or one of the sisters is in need of clothes
and has not enough food to live on, and one of you says to them,

"I wish you well; keep yourself warm and eat plenty," without giving
them these bare necessities of life, then what good is that? Faith is
like that: if good works do not go with it, it is quite dead.

This is the way to talk to people of that kind: "You say you have
faith and I have good deeds; I will prove to you that I have faith
by showing you my good deeds – now you prove to me that you
have faith without any good deeds to show."

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

*Alleluia, alleluia!
I am the Way, the Truth and the Life, says the Lord;
no one can come to the Father except through me.
Alleluia!*

Or

*Alleluia, alleluia!
The only thing I can boast about is the cross of our Lord,
through whom the world is crucified to me, and I to the
world.
Alleluia!*

GOSPEL Mark 8:27-35

A reading from the holy Gospel according to Mark.
Jesus and his disciples left for the villages round Caesarea
Philippi. On the way he put this question to his disciples, "Who
do people say I am?" And they told him. "John the Baptist," they
said, "others Elijah; others again, one of the prophets." "But you,"
he asked, "who do you say I am?" Peter spoke up and said to
him, "You are the Christ." And he gave them strict orders not to
tell anyone about him.

And he began to teach them that the Son of Man was destined
to suffer grievously, to be rejected by the elders and the chief
priests and the scribes, and to be put to death, and after three
days to rise again; and he said all this quite openly. Then, taking
him aside, Peter started to remonstrate with him. But, turning
and seeing his disciples, he rebuked Peter and said to him, "Get
behind me, Satan! Because the way you think is not God's way
but man's."

He called the people and his disciples to him and said, "If
anyone wants to be a follower of mine, let him renounce himself
and take up his cross and follow me. For anyone who wants to
save his life will lose it; but anyone who loses his life for my sake,
and for the sake of the gospel, will save it."

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Look with favour on our supplications, O Lord,
and in your kindness accept these, your servants' offerings,
that what each has offered to the honour of your name
may serve the salvation of all.
Through Christ our Lord.
Amen.

COMMUNION ANTIPHON

*How precious is your mercy, O God!
The children of men seek shelter in the shadow of your
wings.*

Or

*The chalice of blessing that we bless
is a communion in the Blood of Christ;
and the bread that we break
is a sharing in the Body of the Lord.*

PRAYER AFTER COMMUNION

May the working of this heavenly gift, O Lord, we pray,
take possession of our minds and bodies,
so that its effects, and not our own desires,
may always prevail in us.
Through Christ our Lord.
Amen.

ENTRANCE ANTIPHON

*I am the salvation of the people, says the Lord.
Should they cry to me in any distress,
I will hear them, and I will be their Lord for ever.*

COLLECT

O God, who founded all the commands of your sacred Law upon love of you and of our neighbour, grant that, by keeping your precepts, we may merit to attain eternal life. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.
Amen.

FIRST READING Wisdom 2:12. 17-20

A reading from the book of Wisdom.

The godless say to themselves, "Let us lie in wait for the virtuous man, since he annoys us and opposes our way of life, reproaches us for our breaches of the law and accuses us of playing false to our upbringing. Let us see if what he says is true, let us observe what kind of end he himself will have. If the virtuous man is God's son, God will take his part and rescue him from the clutches of his enemies. Let us test him with cruelty and with torture, and thus explore this gentleness of his and put his endurance to the proof. Let us condemn him to a shameful death since he will be looked after – we have his word for it."

The word of the Lord.
Thanks be to God.

PSALM Psalm 53

RESPONSE: *The Lord upholds my life.*

1. O God, save me by your name;
by your power, uphold my cause.
O God, hear my prayer;
listen to the words of my mouth. **R.**
2. For proud men have risen against me,
ruthless men seek my life.
They have no regard for God. **R.**
3. But I have God for my help.
The Lord upholds my life.
I will sacrifice to you with willing heart
and praise your name for it is good. **R.**

SECOND READING James 3:16 – 4:3

A reading from the letter of St James.

Wherever you find jealousy and ambition, you find disharmony, and wicked things of every kind being done; whereas the wisdom that comes down from above is essentially something pure; it also makes for peace, and is kindly and considerate; it is full of compassion and shows itself by doing good; nor is there any trace of partiality or hypocrisy in it. Peacemakers, when they work for peace, sow the seeds which will bear fruit in holiness.

Where do these wars and battles between yourselves first start? Isn't it precisely in the desires fighting inside your own selves? You want something and you haven't got it; so you are prepared to kill. You have an ambition that you cannot satisfy; so you fight

to get your way by force. Why you don't have what you want is because you don't pray for it; when you do pray and don't get it, it is because you have not prayed properly, you have prayed for something to indulge your own desires.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

*Alleluia, alleluia!
I am the light of the world, says the Lord,
anyone who follows me
will have the light of life.
Alleluia!*

Or

*Alleluia, alleluia!
Through the Good News God called us
to share the glory of our Lord Jesus Christ.
Alleluia!*

GOSPEL Mark 9:30-37

A reading from the holy Gospel according to Mark.

After leaving the mountain Jesus and his disciples made their way through Galilee; and he did not want anyone to know, because he was instructing his disciples; he was telling them, "The Son of Man will be delivered into the hands of men; they will put him to death; and three days after he has been put to death he will rise again." But they did not understand what he said and were afraid to ask him.

They came to Capernaum, and when he was in the house he asked them, "What were you arguing about on the road?" They said nothing because they had been arguing which of them was the greatest. So he sat down, called the Twelve to him and said, "If anyone wants to be first, he must make himself last of all and servant of all." He then took a little child, set him in front of them, put his arms round him, and said to them, "Anyone who welcomes one of these little children in my name, welcomes me; and anyone who welcomes me welcomes not me but the one who sent me."

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Receive with favour, O Lord, we pray, the offerings of your people, that what they profess with devotion and faith may be theirs through these heavenly mysteries. Through Christ our Lord.

Amen.

COMMUNION ANTIPHON

*You have laid down your precepts to be carefully kept;
may my ways be firm in keeping your statutes.*

Or

*I am the Good Shepherd, says the Lord;
I know my sheep, and mine know me.*

PRAYER AFTER COMMUNION

Graciously raise up, O Lord, those you renew with this Sacrament, that we may come to possess your redemption both in mystery and in the manner of our life. Through Christ our Lord.

Amen.

ENTRANCE ANTIPHON

*All that you have done to us, O Lord,
you have done with true judgement,
for we have sinned against you
and not obeyed your commandments.
But give glory to your name
and deal with us according to the bounty of your mercy.*

COLLECT

O God, who manifest your almighty power above all by pardoning and showing mercy, bestow, we pray, your grace abundantly upon us and make those hastening to attain your promises heirs to the treasures of heaven. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.
Amen.

FIRST READING Numbers 11:25-29

A reading from the book of Numbers.
The Lord came down in the Cloud. He spoke with Moses, but took some of the spirit that was on him and put it on the seventy elders. When the spirit came on them they prophesied, but not again.
Two men had stayed back in the camp; one was called Eldad and the other Medad. The spirit came down on them; though they had not gone to the Tent, their names were enrolled among the rest. These began to prophesy in the camp. The young man ran to tell this to Moses, "Look," he said, "Eldad and Medad are prophesying in the camp." Then said Joshua the son of Nun, who had served Moses from his youth, "My Lord Moses, stop them!" Moses answered him, "Are you jealous on my account? If only the whole people of the Lord were prophets, and the Lord gave his Spirit to them all!"

The word of the Lord.
Thanks be to God.

PSALM Psalm 18

RESPONSE: *The precepts of the Lord gladden the heart.*

1. The law of the Lord is perfect,
it revives the soul.
The rule of the Lord is to be trusted,
it gives wisdom to the simple. **R.**
2. The fear of the Lord is holy,
abiding for ever.
The decrees of the Lord are truth
and all of them just. **R.**
3. So in them your servant finds instruction;
great reward is in their keeping.
But who can detect all his errors?
From hidden faults acquit me. **R.**
4. From presumption restrain your servant
and let it not rule me.
Then shall I be blameless,
clean from grave sin. **R.**

SECOND READING James 5:1-6

A reading from the letter of St James.
An answer for the rich. Start crying, weep for the miseries that are coming to you. Your wealth is all rotting, your clothes are all eaten up by moths. All your gold and your silver are corroding away, and the same corrosion will be your own sentence, and eat into your

body. It was a burning fire that you stored up as your treasure for the last days. Labourers mowed your fields, and you cheated them – listen to the wages that you kept back, calling out; realise that the cries of the reapers have reached the ears of the Lord of hosts. On earth you have had a life of comfort and luxury; in the time of slaughter you went on eating to your heart's content. It was you who condemned the innocent and killed them; they offered you no resistance.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

*Alleluia, alleluia!
Your word is truth, O Lord,
consecrate us in the truth.
Alleluia!*

GOSPEL Mark 9:38-43. 45. 47-48

A reading from the holy Gospel according to Mark.
John said to Jesus, "Master, we saw a man who is not one of us casting out devils in your name; and because he was not one of us we tried to stop him." But Jesus said, "You must not stop him: no one who works a miracle in my name is likely to speak evil of me. Anyone who is not against us is for us."
"If anyone gives you a cup of water to drink just because you belong to Christ, then I tell you solemnly, he will most certainly not lose his reward."

"But anyone who is an obstacle to bring down one of these little ones who have faith, would be better thrown into the sea with a great millstone round his neck. And if your hand should cause you to sin, cut it off; it is better for you to enter into life crippled, than to have two hands and go to hell, into the fire that cannot be put out. And if your foot should cause you to sin, cut it off; it is better for you to enter into life lame, than to have two feet and be thrown into hell. And if your eye should cause you to sin, tear it out; it is better for you to enter into the kingdom of God with one eye, than to have two eyes and be thrown into hell where their worm does not die nor their fire go out."

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Grant us, O merciful God,
that this our offering may find acceptance with you
and that through it the wellspring of all blessing
may be laid open before us.
Through Christ our Lord.
Amen.

COMMUNION ANTIPHON

*Remember your word to your servant, O Lord,
by which you have given me hope.
This is my comfort when I am brought low.*

Or

*By this we came to know the love of God:
that Christ laid down his life for us;
so we ought to lay down our lives for one another.*

PRAYER AFTER COMMUNION

May this heavenly mystery, O Lord,
restore us in mind and body,
that we may be coheirs in glory with Christ,
to whose suffering we are united
whenever we proclaim his Death.
Who lives and reigns for ever and ever.
Amen.